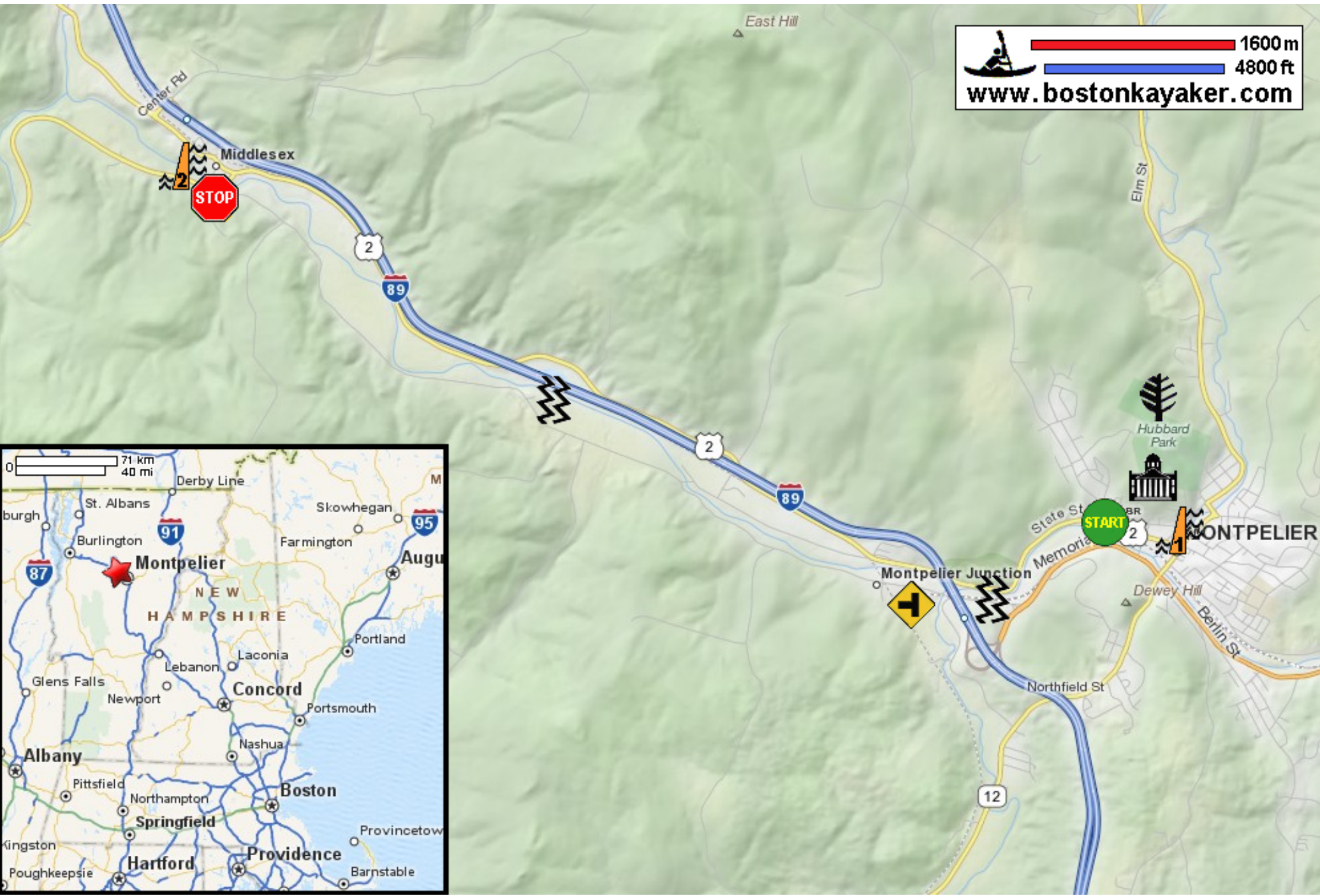


Kayaking on Winooski River - from Montpelier VT to Middlesex VT

1600 m
4800 ft
www.bostonkayaker.com



- Put in at Montpelier High School on Bridge Street in Montpelier VT.
- Take out at Route 100B bridge before dam in Middlesex VT.
- Estimated distance = 5 miles
- Route can be scratchy in August / September.
- Route 12 Dam
- Dog River enters on right.
- Middlesex Dam
- Hubbard Park
- Class I-II rapids
- River name came from Abenaki word meaning "wild onion".
- Vermont State House - guided tours available