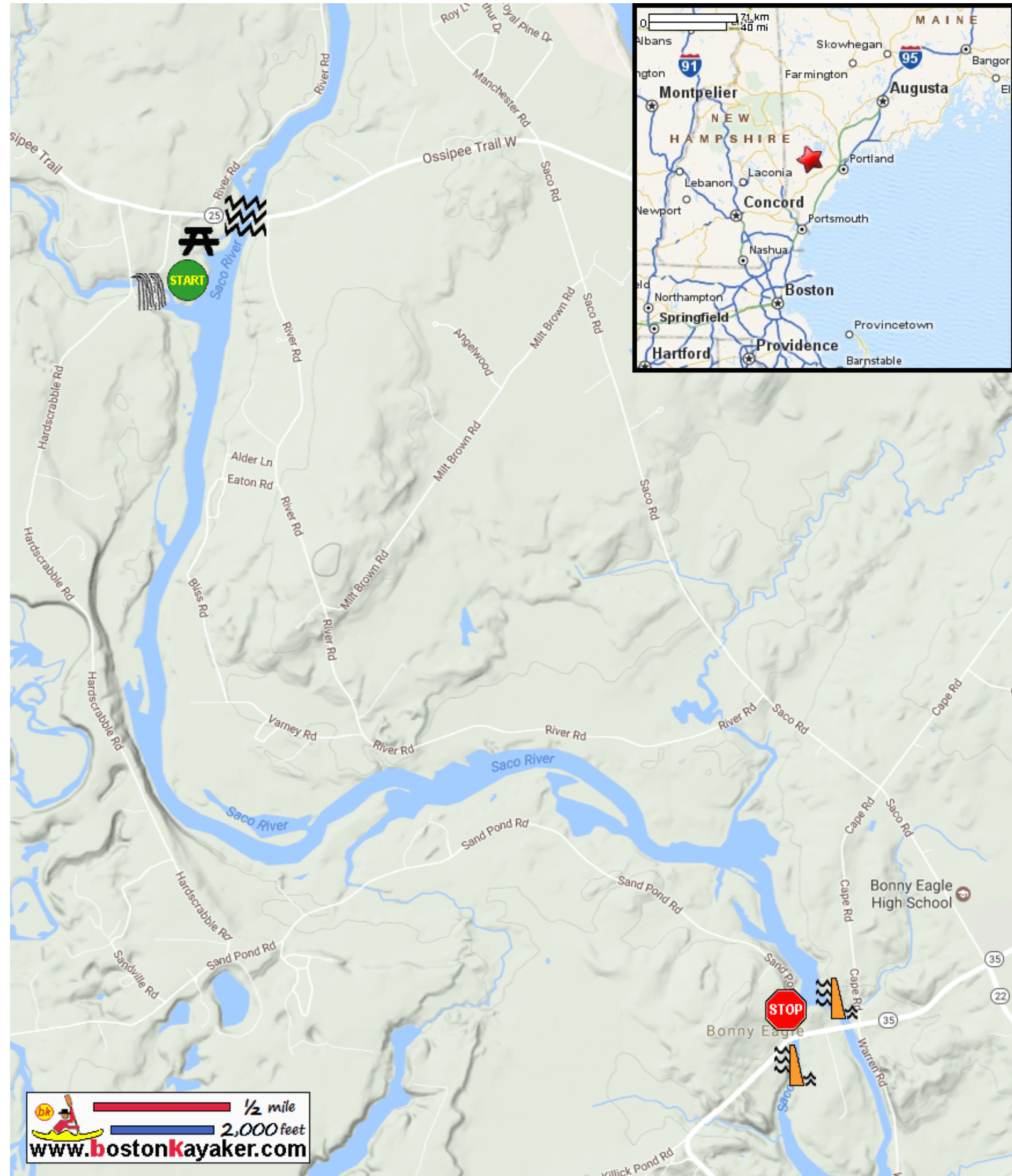
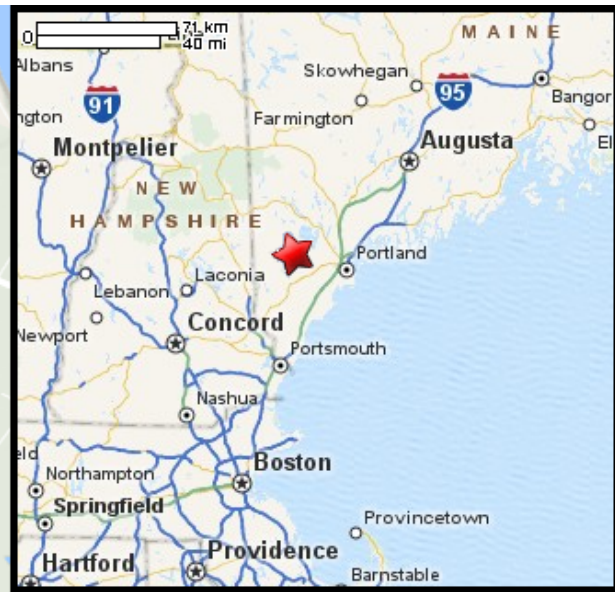









# Kayaking on Saco River - from Limington ME to Hollis ME




 1/2 mile  
 2,000 feet  
[www.bostonkayaker.com](http://www.bostonkayaker.com)

-  Put in at Ossipee Trail / Route 25 behind rest area in Limington ME.
-  Take out Sand Pond Road in Hollis ME.
-  Estimated distance = 5 miles
-  Limington Rapids Rest Area
-  Limington Rip Rapids class III-IV rapids
-  Bonny Eagle Dams
-  Little Ossipee River Falls