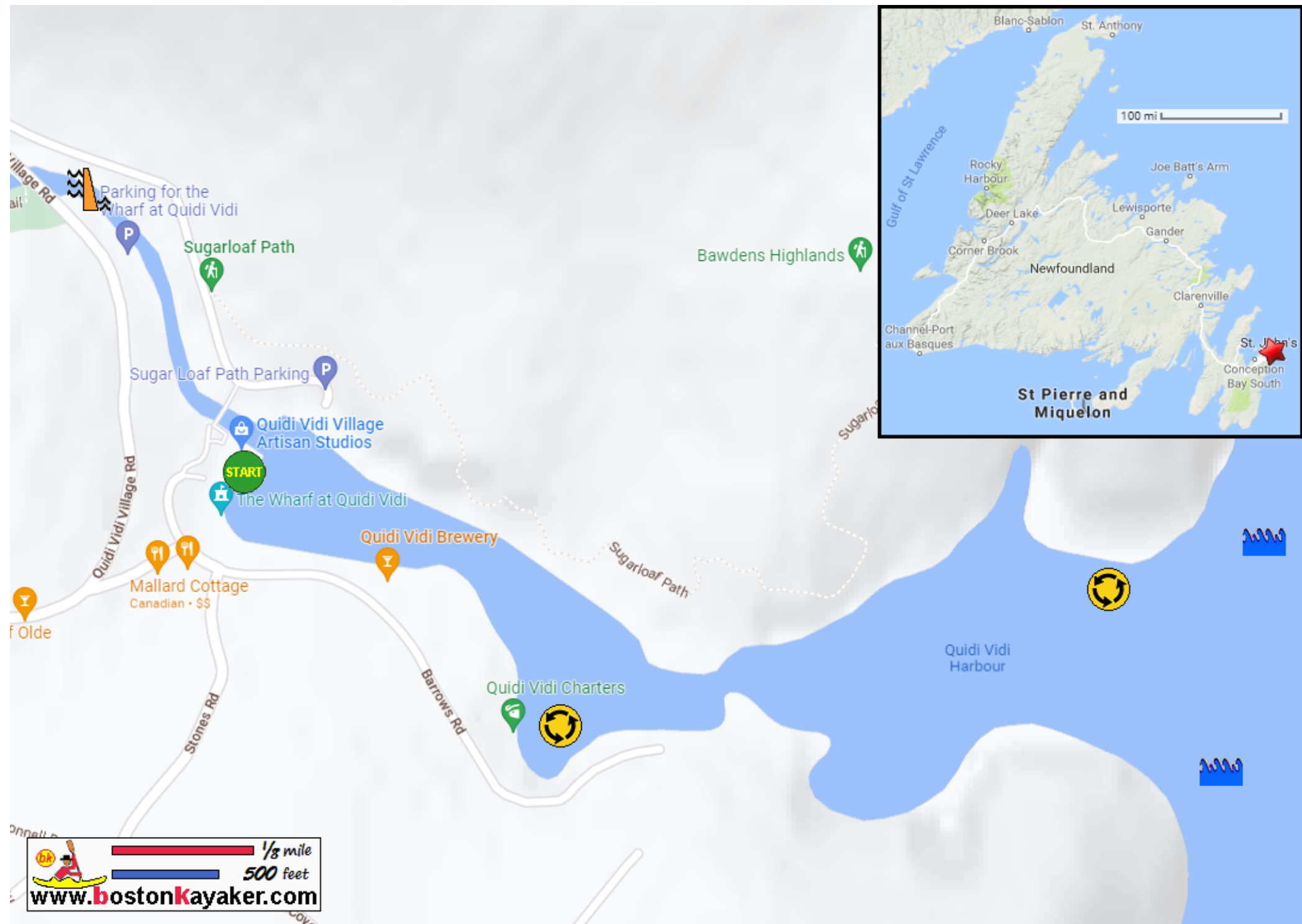







# Kayaking on Quidi Vidi Harbour ("The Gut") - in St. John's NL Canada




 1/8 mile  
 500 feet  
[www.bostonkayaker.com](http://www.bostonkayaker.com)

-  Put in at Quidi Vidi wharf on Maple View Road in St. John's NL.
-  Paddle around Quidi Vidi Harbour and return.
-  Estimated round trip distance = under 2 miles
-  Quidi Vidi Lake Dam
-  Choppy open waters