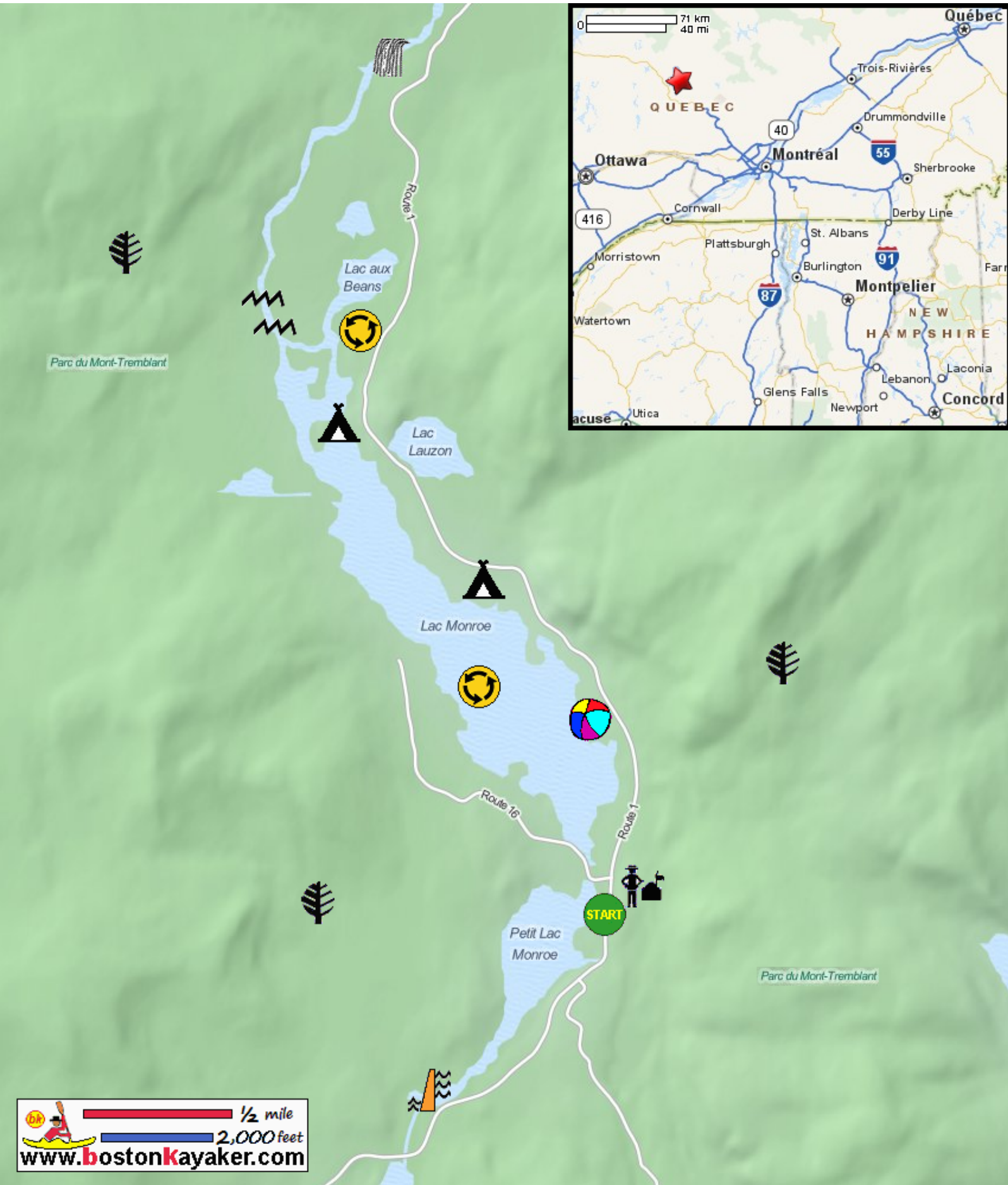
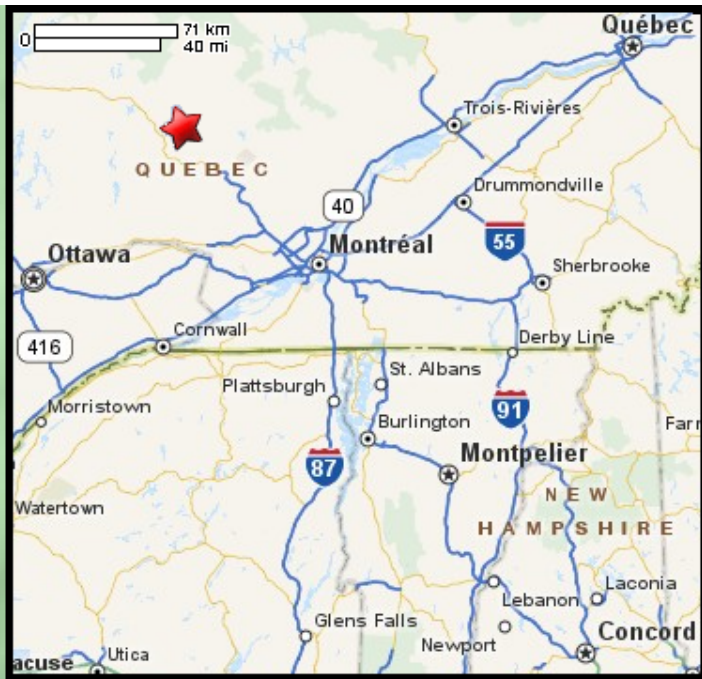












Kayaking on Lake Monroe - in Lac-Supérieur, Québec



-  Put in at visitor center on Route 1 in Lac-Supérieur QC.
-  Paddle north and around lake and return.
-  Estimated round trip distance = 5 miles
-  Monroe Dam
-  Crochet Falls
-  Park Visitor and Service Center - kayak rentals and shuttle
-  Plage de la Crémaillère - beach and picnic area
-  Parc national du Mont-Tremblant
-  Camp grounds
-  Class I-II rapids