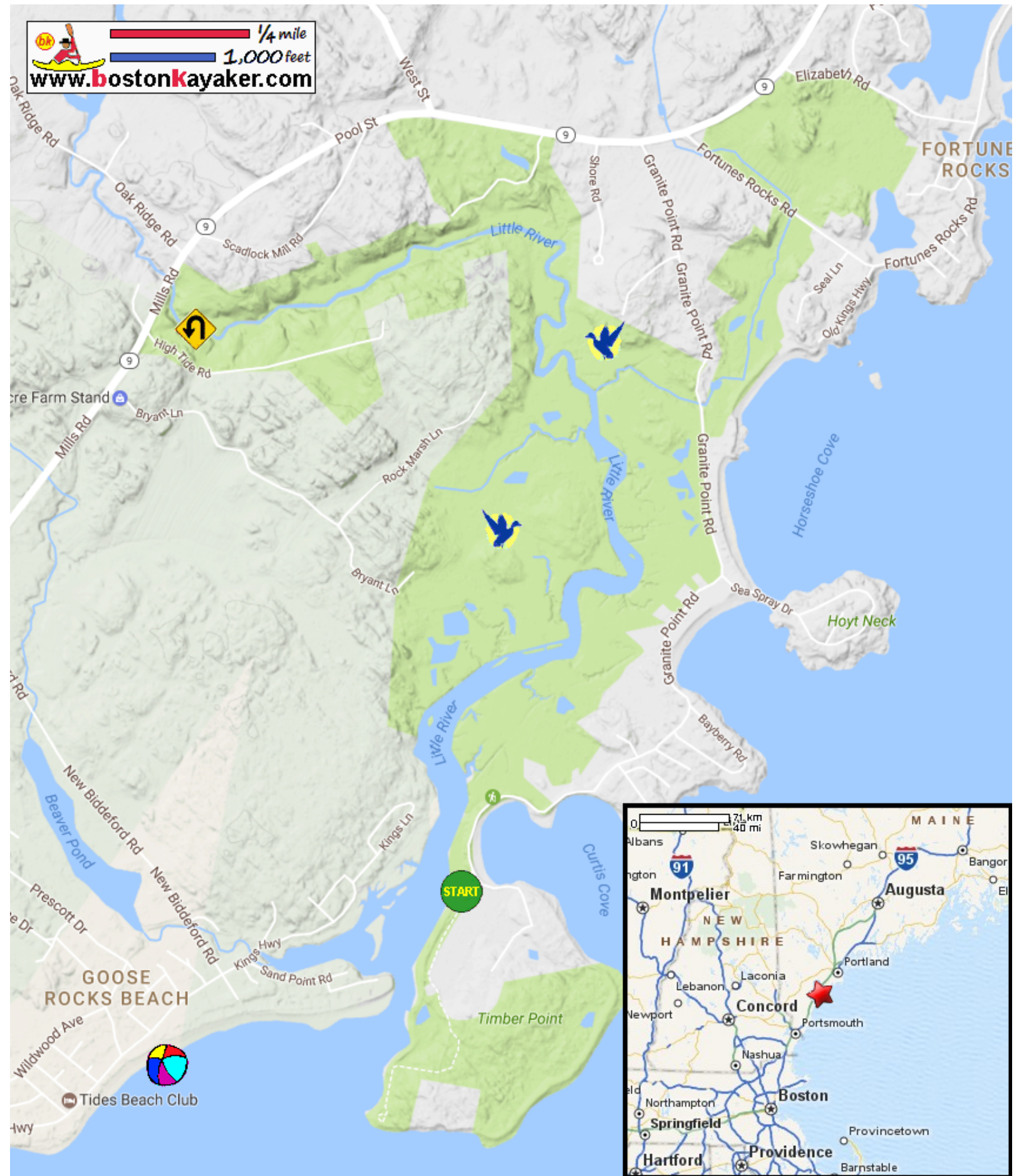








# Kayaking on Little River - in Biddeford ME

1/4 mile  
1,000 feet  
www.bostonkayaker.com



-  Put in at Granite Point Road in Biddeford ME.
-  Paddle upstream on Little River and return.
-  Rachel Carson National Wildlife Refuge (NWR)
-  Estimated round trip distance = 4 miles
-  Goose Rocks Beach
-  Best to start paddle 1 hour+ before high tide.