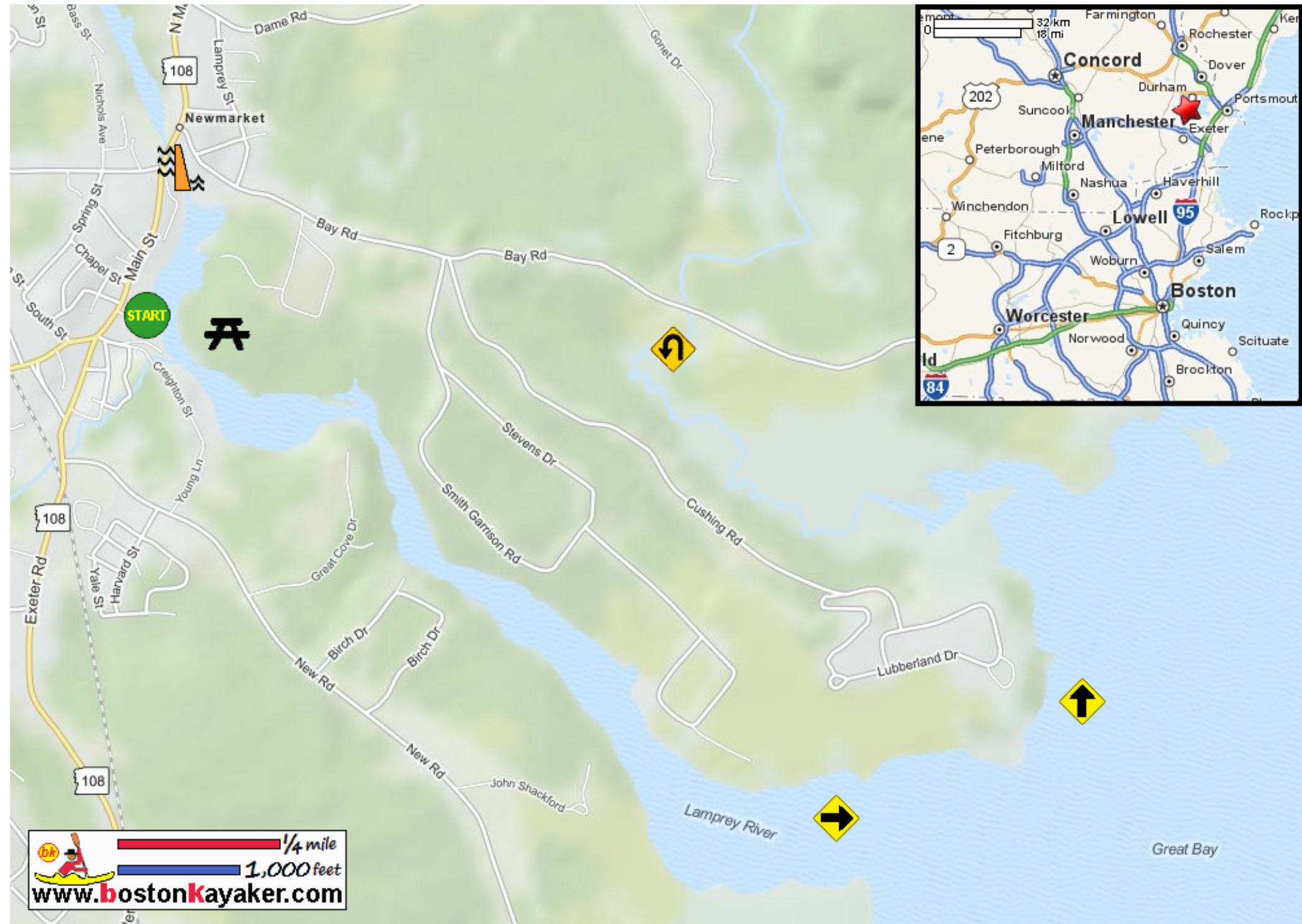








Kayaking on Lamprey River and Lubberland Creek - in Newmarket NH



-  Put in at Water Street in Newmarket NH.
-  Follow left coast to Lubberland Creek and return.
-  Estimated round trip distance = 5.5+ miles
-  Macallen Dam
-  Newmarket Park
-  Avoid paddle during low tide.