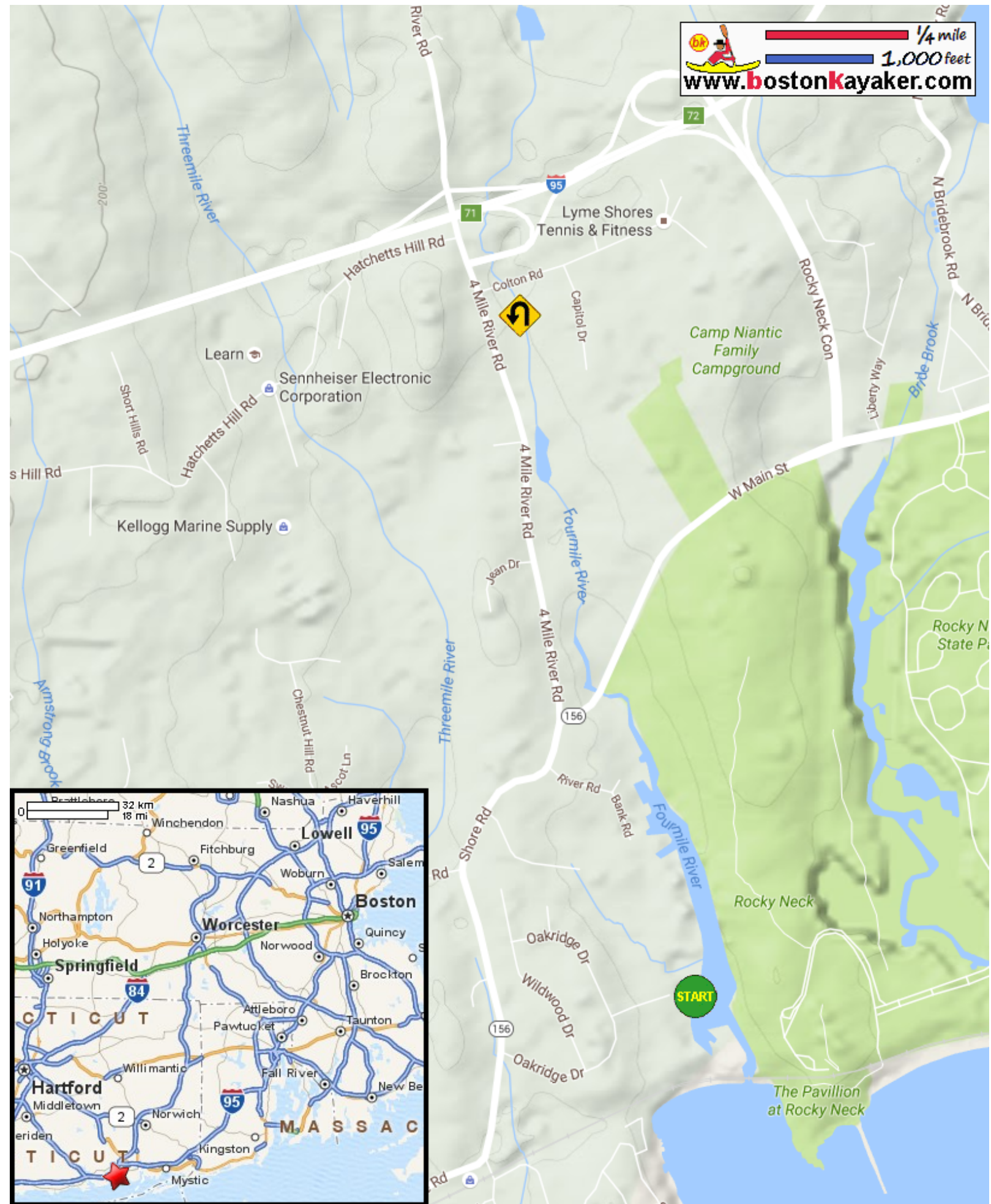






Kayaking on Four Mile River - in Old Lyme CT

www.bostonkayaker.com

1/4 mile
1,000 feet



-  Put in at Oakridge Drive in Old Lyme CT.
-  Paddle upstream into Four Mile River and return.
-  Estimated round trip distance = 3 miles
-  Best to start trip 1 hour+ before high tide.