The Shawsheen River Recreational Map was created with the help of local conservation commissions, the Riverways Program, Massachusetts Department of Fisheries, Wildlife and Law Enforcement (DFWELE) and the Shawsheen River Scknowledgements: Sta Starsta su.ma.stata©nnub.j.mailliw Г∂Гx ∂Г77-297-80∂ :∋noA9 Devens, MA 01432 1000 William Dunn 131 Barnum Road, Building #3701 ihe Shawsheen Watershed Leam leader:

The Shawsheen River is part of the Massachusetts Watersheel Initiative, an Executive Office of Environmental Affairs (EOEA) program. For more information, contact

Recreational Opportunities In and Around the Shawsheen River Watershed

Canoeing:

There are a number of great opportunities for canoeing on the Shawsheen River. When planning a canoe trip, it's important to carefully consider the ease of access and, as with all outdoor recreational activities, to take extra care with regards to personal safety. Before you go, access real time stream gage data from the Middlesex Canal by connecting to http://massl.er.usgs.gov/rt cgi/gen_stn_pg?station=01100600. The Shawsheen River Recreational Map (see reverse) includes specific information on canoe access points and portages along the river.

The Shawsheen River Watershed Association has selected its favorite canoe trips, listed below:

Trip A: Dale Street (#17) to Central Street (#18)

A Guide to Recreation

Short Trip (2 Miles) This is a popular trip with good public access. Most of the land on either side of the river is protected open space. The first half of this trip is wooded before opening into marshland. Be careful of short drops at beaver dams.

Trip B:

, Road (#14) Medium Trip (4 Miles)

Access to the river is good at both ends of this trip; however, be sure to take caution about 1/4 mile from the start of the be sure to take caution about 1/4 mile from the start of the trip, at Mill Street Culvers, where it may be necessary to take a short portage. Keep your eyes open at the large meadow just upstream from Route 93 where you may encounter great blue heron, red tailed hawk, Canadian geese, wood duck, mallard duck, red winged blackbird, kingfisher and cardinals.

Trip C: Route 38 (#9) to Ballardvale Dam (#16) Long Trip (6 Miles)

Long Irip (o Miles) This is a slightly longer trip, which includes the stretch of river covered in Trip B. The first section of the trip is primarily meadow, eventually becoming woods. At the end of the trip, you'll come to "the flats," a large, wide impoundment above the Ballardvale Dam.

Trip D:

Route 3A (#5) to Route 38 (#9) Long Trip (6 Miles)

Throughout the length of this trip, you will encounter meadows and wooded sections successively. Take caution at the abandoned bridge near Buckingham Road, and be on the lookout for beaver activity. This route passes through the scenic ruins of the Middlesex Canal Aqueduct.

Group Outings

The Shawsheen River Watershed Association plans group canoe outings. For more information, access the SRWA events calendar fro n http://www.shawsheen.o

Fishing: There are a number of good fishing spots on the Shawsheen River. Many are accessible by cance or by wading from the river access points included on the Recreational Map (see reverse). For information on fish stocking and fishing licenses, contact the Division of Fisheries and Wildlife at (617) 626-1590 or access MassWildlife's recreation page at http://www.state.ma.us/dfwele/dfw/dfwrec.htm. Find information on select fishing spots in the Shawsheen River Watershed from David Kaplan's Fishing Guide to Middlesex County Rivers by accessing the interactive recreational map, located at http://www.shawsheen.org/recmap, or checking out the book from you

- (A) Minuteman National Park, Lexington, MA: This park consists of approximately 750 acres in the towns of Lincoln, Lexington and Concord located along Battle Road, the route traversed by the British troops on the morning of April 19, 1775, on their way to and from the town of Concord. It was along this route that the colonial militia and Minutemen took up arms in defense of their property and freedom and began the chain of events which led to the creation of the United States of America.
- Boston and within one hour's drive of three million people. Recreational opportunities include hiking, mountain biking, fishing,
- C Harold R. Rafton Reservation, Andover, MA: This conservation area has a number of marked hiking trails. Maps are available from the Andover Village Improvement Society (http://www.avisandover.org).
- etlands, woodlands, and bordering the land on the west side is the brook. Access to the park is available at the end of Fowler Terrace Avenue
- well-maintained, and current improvements include the construction of additional trails to connect existing pathways
- (H) Mill Pond Conservation Area, Burlington, MA: The largest conservation area in Burlington, the Mill Pond Conservation Area

- (B) Harold Parker State Forest, Andover, MA: Harold Parker State Forest, which lies in Andover, North Andover, North Reading and Middleton, comprises just over 3000 acres of Central Hardwood-Hemlock-White Pine forest. The forest is twenty miles north of
- hunting, horseback riding, swimming, camping and picnicking.
- (b) Shawsheen River Conservation Area, Bedford, MA: The Shawsheen River Conservation Areas together consist of 28.3 continuous acres forming a protected greenway along the north side of the Shawsheen River corridor between Middlesex Turnpike and Route 3. In this location the river winds in a natural channel between extensive open marsh and shrub swamp to either side. The river is accessible to small boats, and is partially accessible via a trail established over an upland conservation restriction.
- (E) Vine Brook Conservation Area, Burlington, MA: The Vine Brook Conservation Area is 22 acres. The parcel includes
- (F) Wilderness Park, Bedford, MA: This large tract of land supports a varied wildlife population, including pileated woodpecker, barred owl and fisher. Parking is available at the VA Hospital parking lot south of Fawn Lake. The trail system at Wilderness Park is
- G Great Meadows National Wildlife Refuge, Bedford, MA: This is a 3400-acre wildlife refuge known as one of the best birding sites in Massachusetts. (http://www.freedomsway.org). There are trails available for hiking, cross-country skiing and wildlife observation
- allowing for long enjoyable hiking or bicycling experiences. The land has numerous access points, including the conservation area,

Parks and Conservation Areas:



The Shawsheen River Recreational Map highlights the many recreational

The Shawsheen River Recreational Map and Website:

Access to this website is provided by the Shawsheen River Watershed Association. canoe trips and tind recreational opportunities tor you and your ramity.

 Be sure to clean up after your pet.
 Pet water, in addition to being unsightly, can be a major source of excess nutrients and bactering in surface water, reducing its value for fishing, boating or swimming. watershed clean:

Here are some basic tips on how to help keep your

- If you wash your car, let the pros do it.
- Commercial car washes recycle, which saves water, and prevents grease and other pollutants from running off your driveway and into surface or ground water.
- Dispose of hazardous products properly.
 Dispose of hazardous products properly.
 When possible, avoid purchasing hazardous products for your home. If it is necessary to dispose of any, be sure to contact the proper authorities and ensure that the materials any part of states in the proper authorities products waste collection days scheduled by your city/town.
 - 4. Do not dump or litter!

Help Protect Your Watershed

- Dumping in lakes and rivers can be harmful to plants and animals, as well as reducing the recreational benefits to others. Garbage in the streets can be harmful to sundces waterbodies as well. Stormwater from rain events carries pollutants from the streets into lakes and rivers. Grass clippings and other yard waste should be composted and turned into soil
- Ge environmentally-triendly lawn care practices.
 The use of pesticides, fentilizers and weed killers can pollute lakes and rivers. To reduce your team of these control weed growth bring an organic tentilizers, ovaliable on marg gradten centers brincks and concrete slates, revealibling saft water on weeds between bring weeds by hand or using balling saft water on weeds between bring grad bring active states and the control weeds perveen bring grad bring active states and the second of the control weeds by hand or using balling saft water on weeds between bring gradten centers are states at the second of the states of bring active states are only as the second of the second bring saft water on weeds perveen bring gradten centers are associated water on the second of the second states are associated active states are associated active states are associated active states are associated actives and active states are associated actives and active states are associated actives and actives and active states are associated actives and active states are associated actives and actives are associated actives and actives are associated actives and actives are associated actives and actives and actives are associated actives at a state active states are associated actives at a states are associated at a states are associated at a states are associated actives at a states are associated at a states at a states are associated actives at a states at a states

- 6. If you have a septic system, be sure to maintain it. Septic system failures can be a major source of nutrients and bacteria in waterbadies. Have your system checked regularly in order to ensure that it is properly functioning.
- 7. To report dumping, contact the Department of Environmental Protection, Northeast Regional Office: (978) 661-7600 Report dumping.

The Shawsheen River Watershed

part of 12 Massachusetts municipalities. miles, including about 60 miles of named rivers and streams, and encompasses The Shawsheen River Watershed has a drainage area of approximately 78 square

- The main stem of the Shawsheen River flows for approximately 25 miles, losing 7 Of feet in elevation from its headwaters at Hanscom Military Base to its confluence with the Merrimer's River is program.
- . Μιτρ τρε Μειτιπαck kiver in Lawrence.
- of the river. \blacktriangleright meaning "serpent" or "serpentine," which refers back to the meandering nature Approximately 4.5% of the watershed area is covered by wetlands or open water.
 The watershed supports a population of approximately 2500,000 people.
 Recording to legged, the name. "Shawsheen," is actually a Universe American word,"
- in England, wrote to Governor John Winthrop in America expressing a desire to The river was given the name "Shawshin" by the General Court of Massachusetts > on May 1644. In 1636 Matthew Craddock, governor of the Colonial Company

obtain a grant of two thousand acres of land "at a place called Shawe Shynn."

From Bedford Historical Society From Massachusedt Executive Office of Environnental Affairs William Dunn, Watershed Team Leader (htth:eenshervir/mir/ine/suc.mastate.ma.us/envir/



Andover Village Improvement Society (AVIS) http://www.avisandover.org

The Appalachian Mountain Club Boston Chapter http://www.amcboston.org/ The Appalachian Mountain Club Andover Committee http://www.thecompass.org/amcandover/ Save our Heritage http://www.saveourheritage.com

The Trustees of Reservations http://www.thetrustees.org Minuteman National Historic Park, Online Visitor's Center mtd.yeenter.htm //:qtth

Parks and Outdoor Recreation http://home.aft.net/~stephen.manning/natrails.htm Town of North Andover Trails

http://www.state.ma.us/dem/parks/trails.htm

MA Department of Environmental Management (DEM) Trail Maps mth.sliart/sliart/nummoz/su.an.avobna.nwot.www//:qtth





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Shawsheen

River

Watershed

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Cover photo courtesy of Mike Vincequere, Hanscom Air Force Base

Initiative grant. The contents do not necessarily reflect the views and policies of the DFWELE, nor does the mention of trade names or commercial products

Watershed Association, with fishing information from Fishing Guide to Middlesex County Rivers, Purgatory Cove Press 1996, by David Kaplan. This project has been financed with funds from the DFWELE under a Massachusetts Watershed

constitute endorsement or recommendation for use.

Bob Rauseo

0751-929 (219)

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DEWELE MA Riverways Program

Biking:

There is currently one paved off-road bike route passing through the Shawsheen river Watershed: \$~

The Minuteman Bike Trail passes through Bedford, Lexington, Arlington, and Cambridge. Bicycling, walking, jogging, in-line skating, and cross-country skiing are permitted on this 11-mile trail. Visit http://www.minutemanbikeway.org for maps and other information. Local roads suitable for bicycling can be found on Andy Rubel's Eastern Massachusett Bicycle Map, http://www.bikemaps.com. Information on off-road bicycling opportunities in the watershed can be obtained from the New England Mountain Bike Association at http://www.nemba.org.

Hiking:



Many of the open space lands in the Shawsheen River Watershed have trails available for hiking, walking and jogging. Trail maps can be obtained from many of the towns upon request. The Department of Environmental Management maintains online information and downloadable trail maps. Select trail maps are accessible via the online Shawsheen Recreational Map, at http://www.shawsheen.org/recma

The Bay Circuit Trail stretches from Plum Island to Kingston Bay and runs primarily north-south in this section, spanning most of the length of the watershed. Detailed information can be found at http://www.baycircuit.org

Hiking trails thro ation Areas

Swimming:

Berry Pond, Harold Parker State Forest, Andover: Berry Pond has a sand beach and new washhouse with flush toilets and ing stalls set against a beautiful backdrop of trees reflected in the surface of the pond. Lifeguards are on duty from 10:00 a. 6:00 p.m. daily. 978-686-3391

Spring Brook Park, Bedford: This park on Springs Road in Bedford has a bathhouse, volleyball, grills. It is open 10 a.m. to 7:30 p.m. until 8/10; 11:30 a.m. to 7 p.m. 8/11 - 9/1. 781-275-1392 volleyball, basketball, picnic area, and

Micozzi Beach/ Nutting Lake, Billerica: Off Middlesex Turnpike, this facility includes a bathhous picnic area. 978-671-1304. se, volleyball, basketball, and a

Pomp's Pond, Andover: Recreation Park features swimming at this pond, along with tennis, softball, picknicking and canoeing. The pond is open 6/15 - 8/18, 12 noon to 7 p.m. Season tickets for residents are \$25, day pass for visitors \$10. (978) 475-9732.

Painted Turtle



MIddlesex Canal Aqueduct

Ballardvale Dam, Andover

Chestnut Streets (next to the water treatment plant); through a gate at the end of Hansen Avenue; and through a gate at the end of the offshoot from Town Line Road.

() Costello Park, Lawrence, MA: This park, in addition to providing canoe access, is home to the Shawsheen River Bike Trail. For trail map, see http://www.mvpc.org/Trail

Historic Sites:

(J) Middlesex Canal Aqueduct, Billerica, MA: Construction on the old Middlesex Cana was started in October of 1794 and was completed on schedule on December 31, 1803. The canal started at the Merrimack River in Lowell and ran to the Mill Pond in Charlestown, a distance of twenty-seven miles. For the next forty years, the canal represented the most economical means of transporting goods between Lowell and Boston and was directly responsible for the development of Lowell as the first industrial city in Massachusetts - Middlesex Canal Association, http://www.middlesexcanal.org/.

Ballardvale St Bridge, c. 1920

(K) Shawsheen House or the "Shawshine House," Bedford, MA (137 Shawsheen Road, east bank of the Shawsheen at the intersection of Page Road.): This structure is reported to be the first house in Bedford, one of two possible locations of an Indian Trading Post along the Shawsheen River as early as 1642. The trading post probably remained in operation until 1665, when the Pawtucket Indians abandoned their agricultural village on the shores of Nutting's Lake. By 1730 Benjamin Fanforth operated an inn at this location (shown below)



(L) Boston and Maine RR Ballardvale Stone Arch Bridge (shown above right):

In the 1840's the B&M RR found it necessary to reroute the Shawsheen River to go under the railroad stone arch bridge that connected the Lowell Junction and Ballardvale Stations. This caused the creation of what now is considered the Ballardvale flats, in the area where Allen's Brook empties into the river.

Shawshine House, Bedford

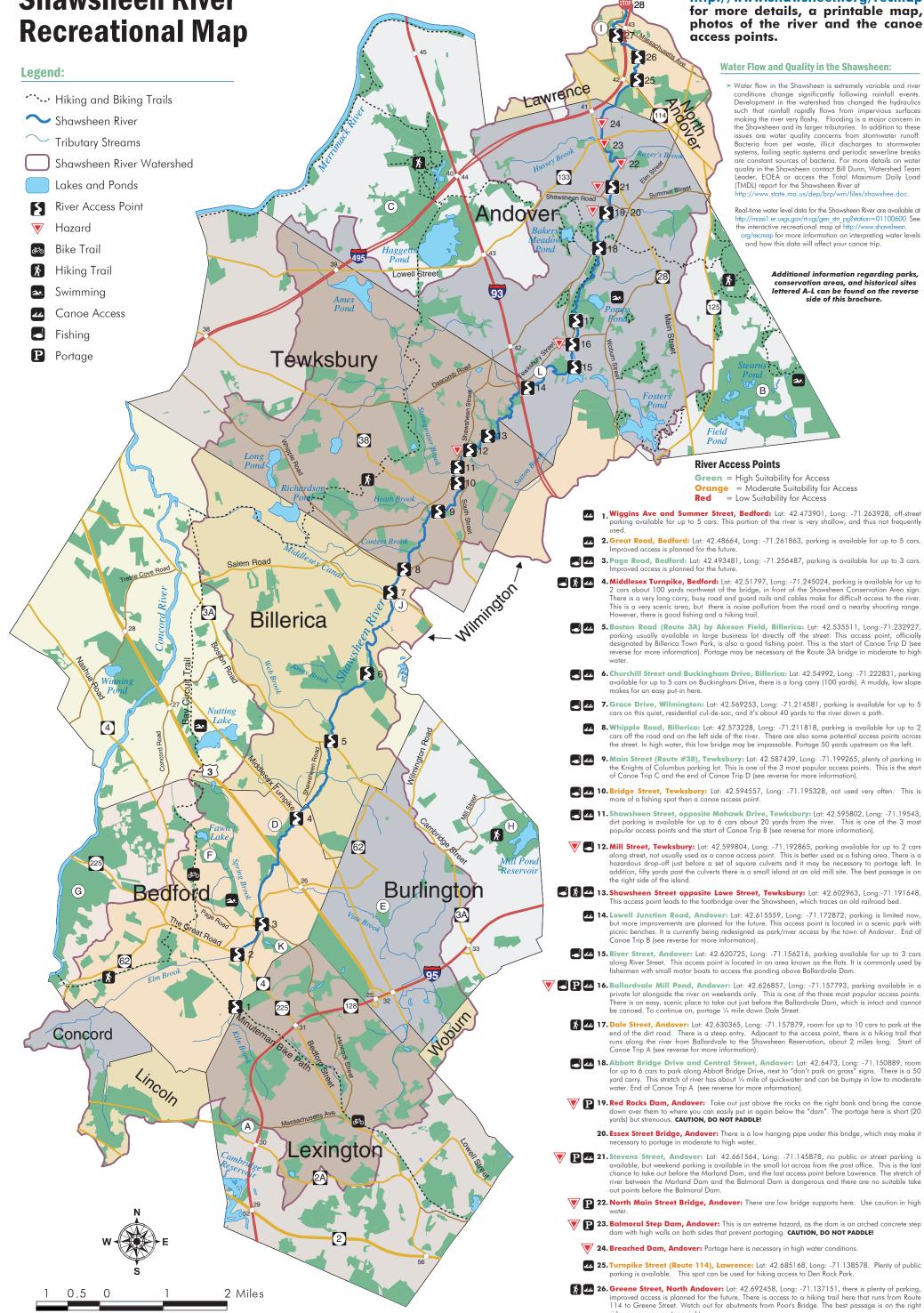
Bav Circuit Trail

Winter on the Shawsheen





Shawsheen River Recreational Map



Vegetated Riparian Areas in the Shawsheen help provide flood control:

Vegetated riparian areas help reduce the volume of floodwaters by increasing the opportunity for water to be retained and absorbed by vegetation. As the water flows over the floodplain, it is absorbed by the soil and slowed vegetation in its path. Riparian areas thus provide natural flood control by reducing the volume of water that would otherwise be discharged into streams and rivers (Russell Cohen, Fact Sheet #1, Riverways Program, Massachusetts Department of Fish and Wildlife Quick Facts: http://www.state.ma.us/dfwele/River/rivfstoc.htm)

runs along the river from Ballardvale to the Shawsheen Reservation, about 2 miles long. Start of

18. Abbott Bridge Drive and Central Street, Andover: Lat: 42.6473, Long: -71.150889, room for up to 6 cars to park along Abbott Bridge Drive, next to "don't park on grass" signs. There is a 50 yard carry. This stretch of river has about ¼ mile of quickwater and can be bumpy in low to moderate the for the form the form.

Access

http://www.shawsheen.org/recmap

- 👿 P 19. Red Rocks Dam, Andover: Take out just above the rocks on the right bank and bring the canoe down over them to where you can easily put in again below the "dam". The portage here is short (20 yards) but strenuous. **CAUTION, DO NOT PADDLE!**
 - 20. Essex Street Bridge, Andover: There is a low hanging pipe under this bridge, which may make it
- P 21. Stevens Street, Andover: Lat: 42.661564, Long: -71.145878, no public or street parking is available, but weekend parking is available in the small lot across from the post office. This is the last chance to take out before the Marland Dam, and the last access point before Lawrence. The stretch of river between the Marland Dam and the Balmoral Dam is dangerous and there are no suitable take
 - P 22. North Main Street Bridge, Andover: There are low bridge supports here. Use caution in high
 - **P** 23. Balmoral Step Dam, Andover: This is an extreme hazard, as the dam is an arched concrete step dam with high walls on both sides that prevent portaging. CAUTION, DO NOT PADDLE!
 - 24. Breached Dam, Andover: Portage here is necessary in high water conditions.
 - 25. Turnpike Street (Route 114), Lawrence: Lat: 42.685168, Long: -71.138578. Plenty of public parking is available. This spot can be used for hiking access to Den Rock Park
 - 26. Greene Street, North Andover: Lat: 42.692458, Long: -71.137151, there is plenty of parking, improved access is planned for the future. There is access to a hiking trail here that runs from Route 114 to Greene Street. Watch out for abutments from Poor's Bridge. The best passage is on the right side, or you can portage right.
- 🙈 🕅 🚧 27. Shawsheen Road at Costello Park, Lawrence: Lat: 42.698632, Long: -71.146056, parking available for up to 6 cars off the street, there is a long carry (100 yards) around tennis courts. Put in here for access to the Merrimack River. About 15 yards from the river is the Shawsheen River Bike Trail in Costello Park.
 - 28. Merrimack Street, Lawrence: Lat: 42.703262, Long: -71.142531, parking available in a private lot across from 360 Merrimack Street, with ample parking on weekends, but low suitability for access due to moderately steep, overgrown bank. Use this spot to access Merrimack River, but take caution at the culverts. You will enter a long tunnel, where there is plenty of headroom except in high water conditions. In low water conditions, the tunnel may be clogged with branches. 100