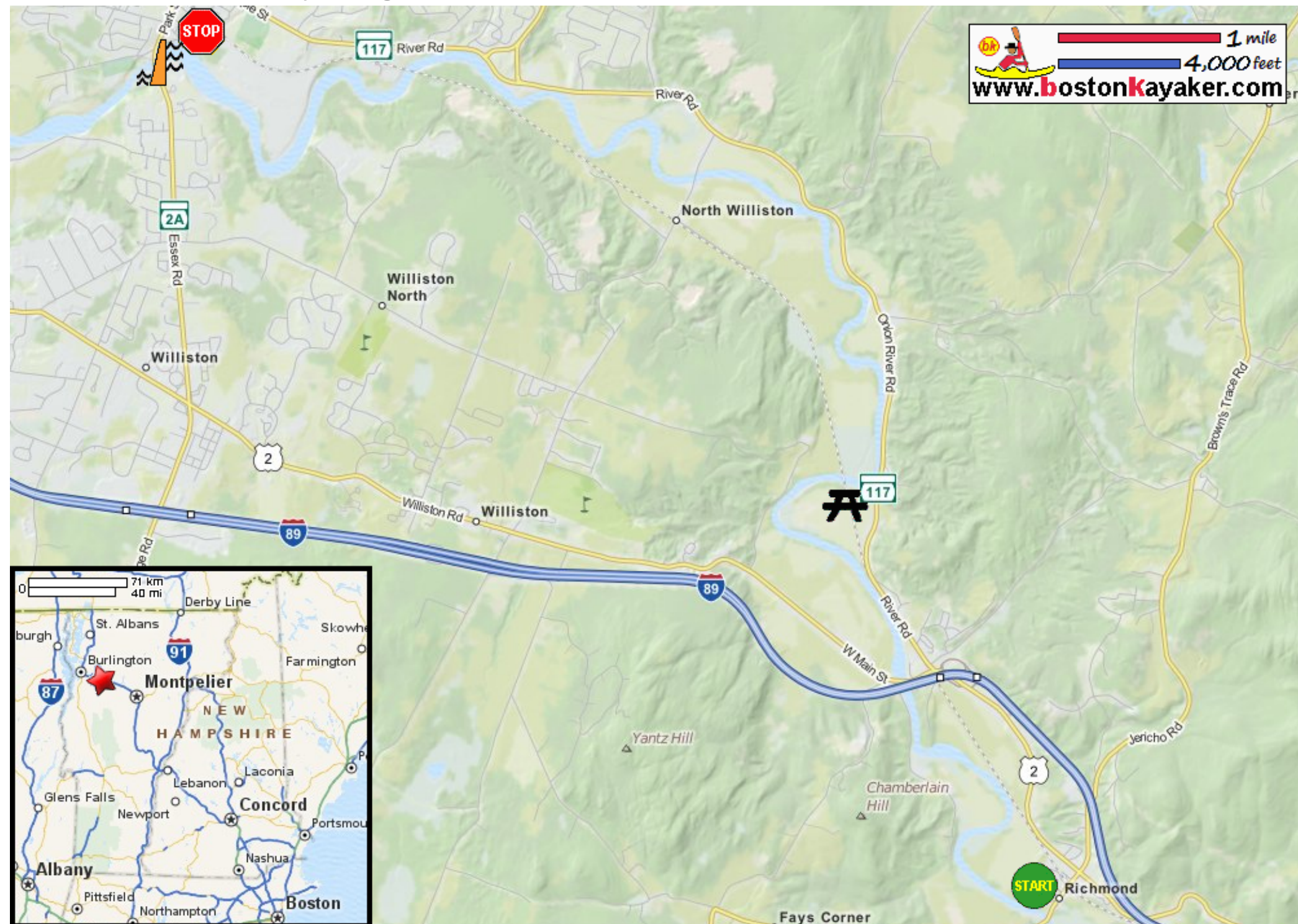


# Kayaking on Winooski River - from Richmond VT to Essex Junction VT



Put in at Bridge Street in Richmond VT.



Take out before dam at Mill Street in Essex Junction VT.



Estimated distance = 11.5 miles



Essex Dam



River name came from Abenaki word meaning "wild onion".



Picnic and rest area