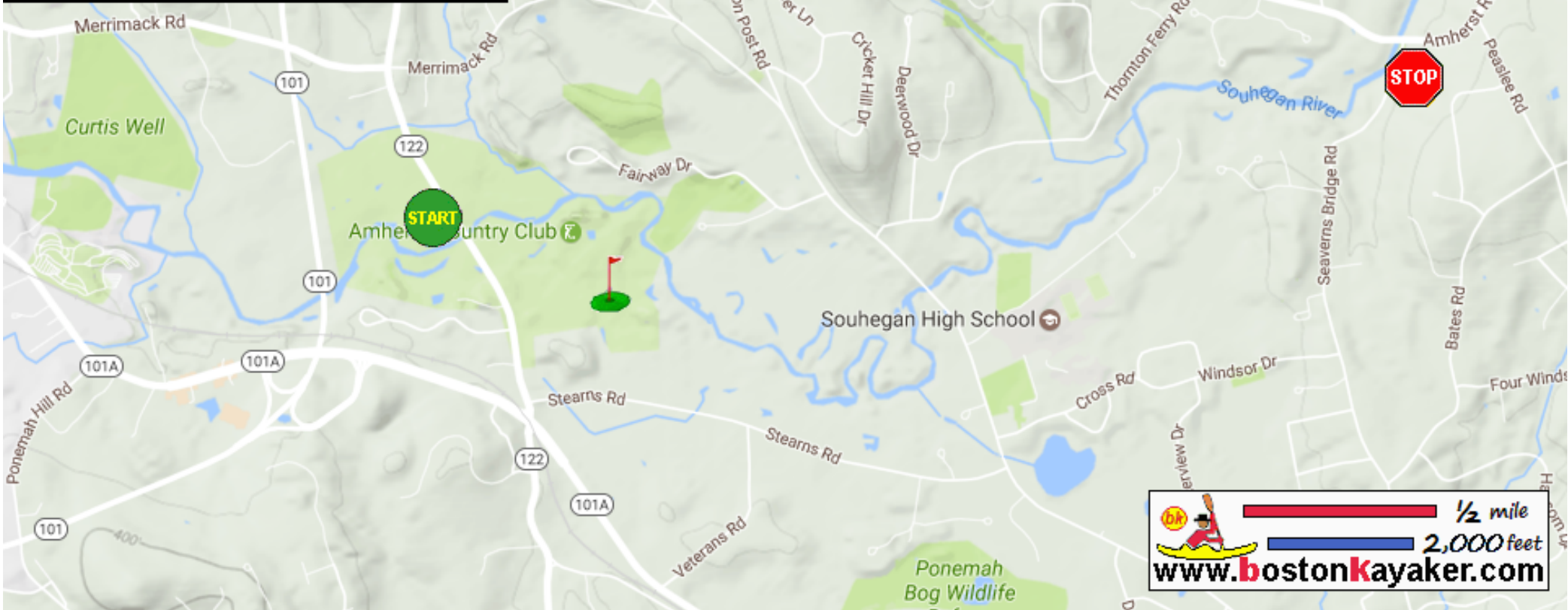


Kayaking on Souhegan River - from Amherst NH to Merrimack NH



Put in at Ponemah Road / Route 122 in Amherst NH.



Take out at Seaverns Bridge Road in Merrimack NH.



Estimated distance = 4 miles



Class I rapids on this route.



"Souhegan" means "waiting and watching place [for fish]".