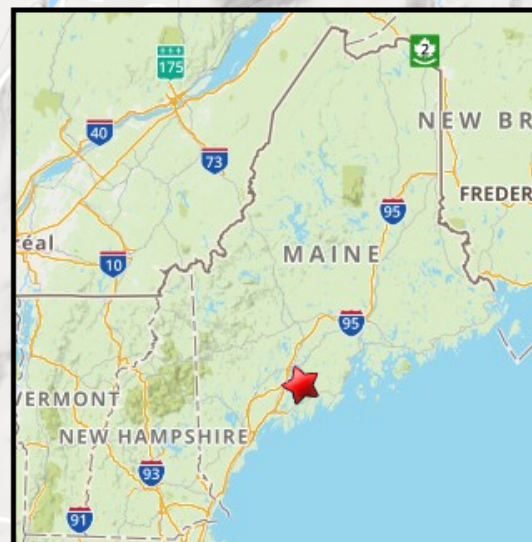









Kayaking on Sheepscot River - in Alna ME

www.bostonkayaker.com



-  Put in at Head Tide Road below dam in Alna ME.
-  Take out at Sheepscot Road bridge in Alna ME.
-  Head Tide Dam
-  Best to start trip at high tide or soon after.
-  Pretty riverside churches
-  Reversing Falls Caution!
-  Estimated distance = 5.5 miles