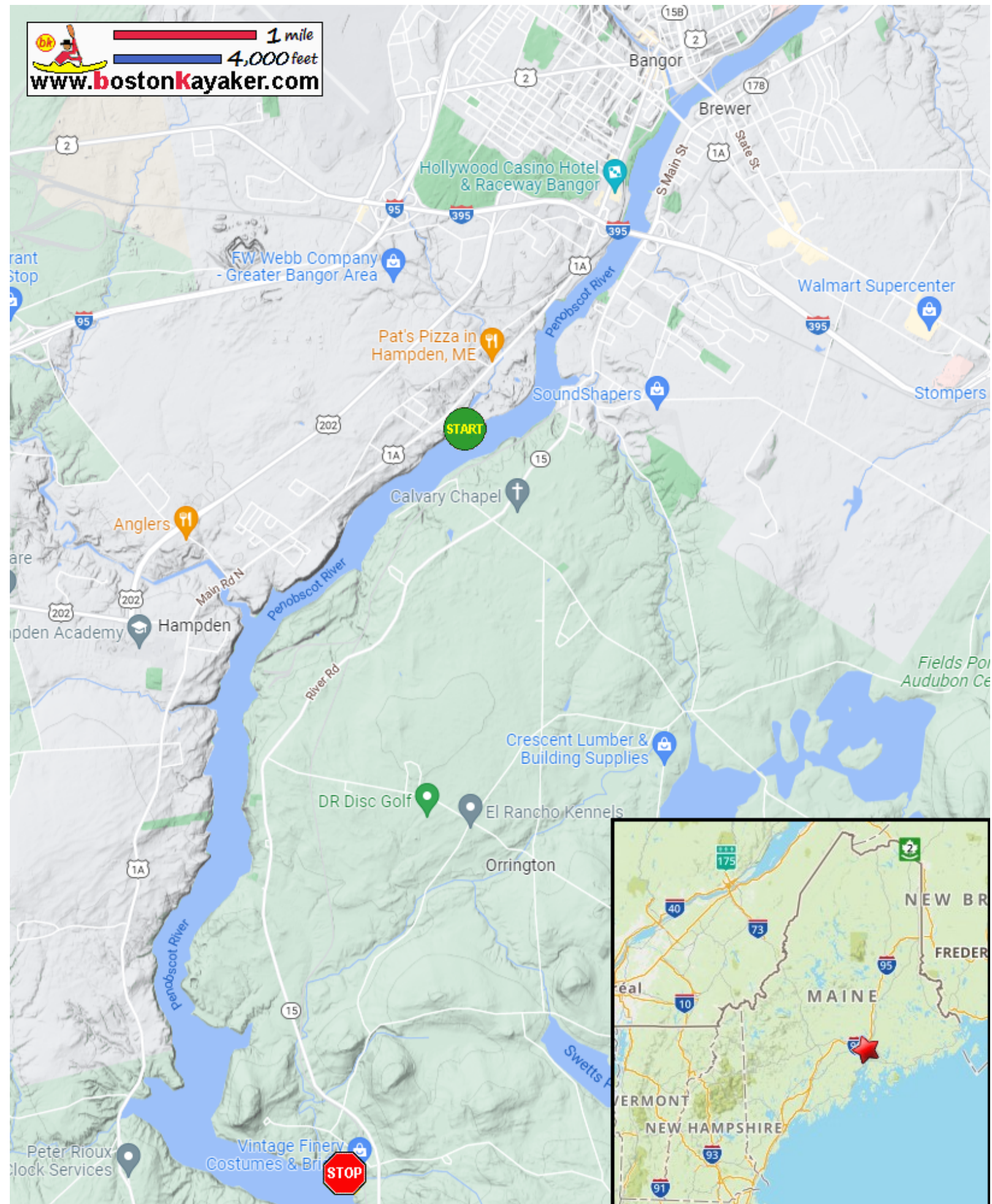




# Kayaking on Penobscot River - from Hampden ME to Orrington ME


 **1 mile**  
**4,000 feet**  
[www.bostonkayaker.com](http://www.bostonkayaker.com)



 Put in at Marina Road in Hampden ME.

 Take out at Blake Road in Orrington ME.

 Estimated distance = 7 miles

 Best to start trip at high tide.