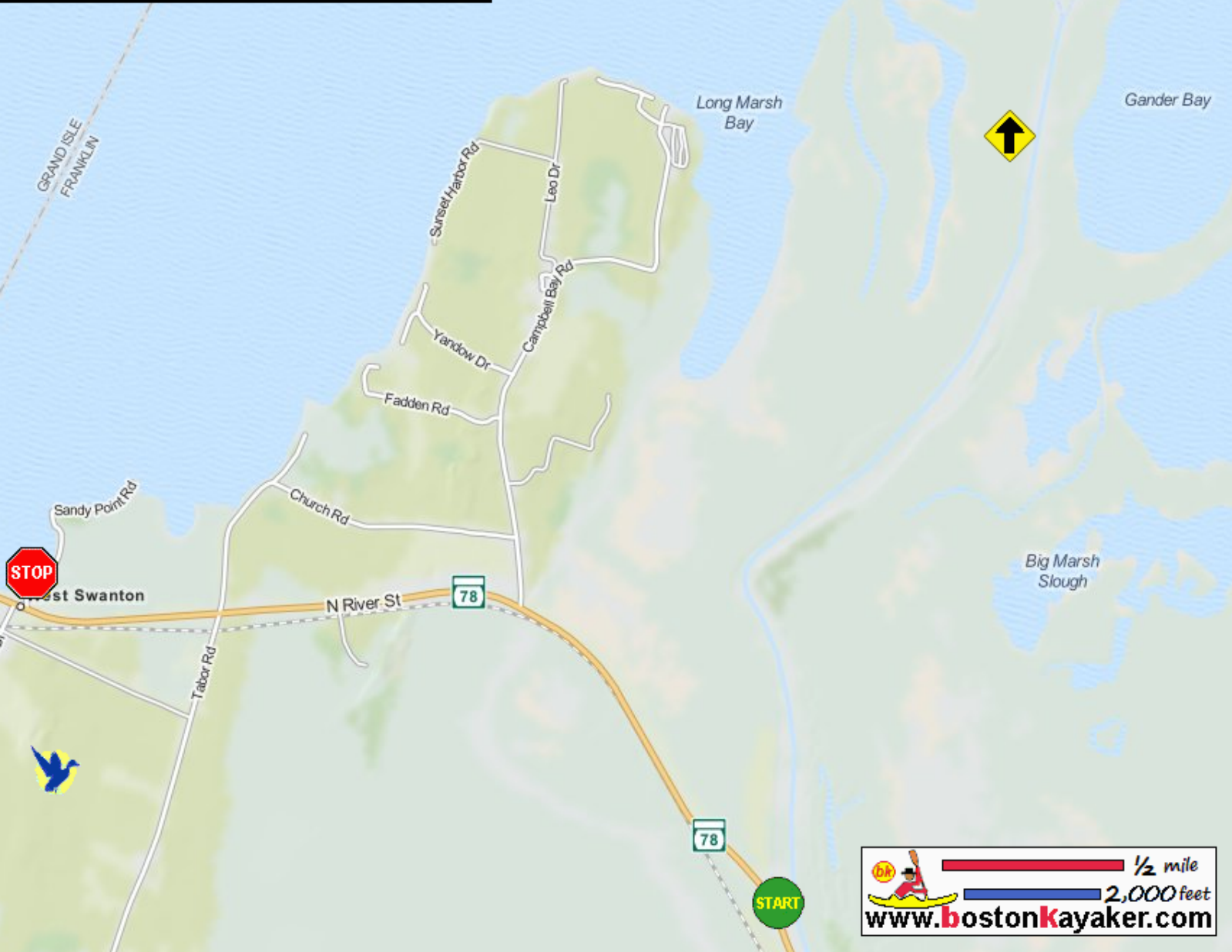
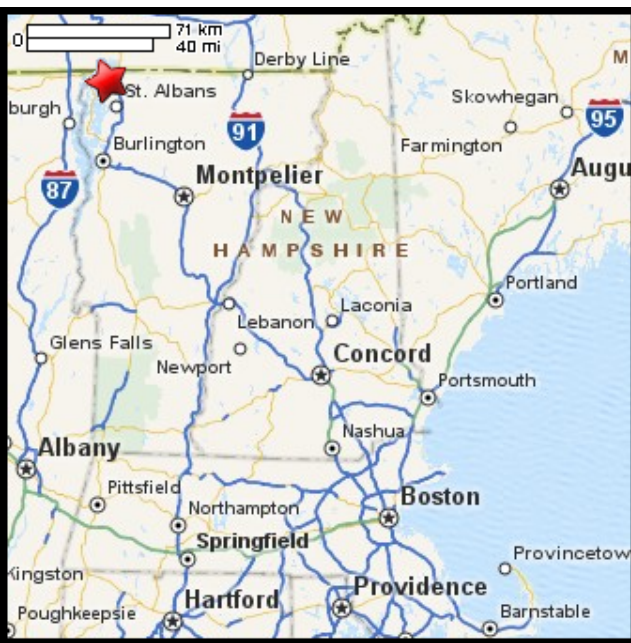










# Kayaking on Missisquoi River and Bay - in Swanton VT




 1/2 mile  
 2,000 feet  
[www.bostonkayaker.com](http://www.bostonkayaker.com)

-  Put in at Louie's Landing on Route 78 in Swanton VT.
-  Paddle north downriver to the Missisquoi River delta.
-  Once on the bay, paddle southwest to take out.
-  Take out at Route 78 bridge in Swanton VT.
-  Estimated distance = 7.5 miles
-  "Missisquoi" is Abenaki for "great grassy meadow".
-  Mind the US-Canada international border.
-  Missisquoi National Wildlife Refuge