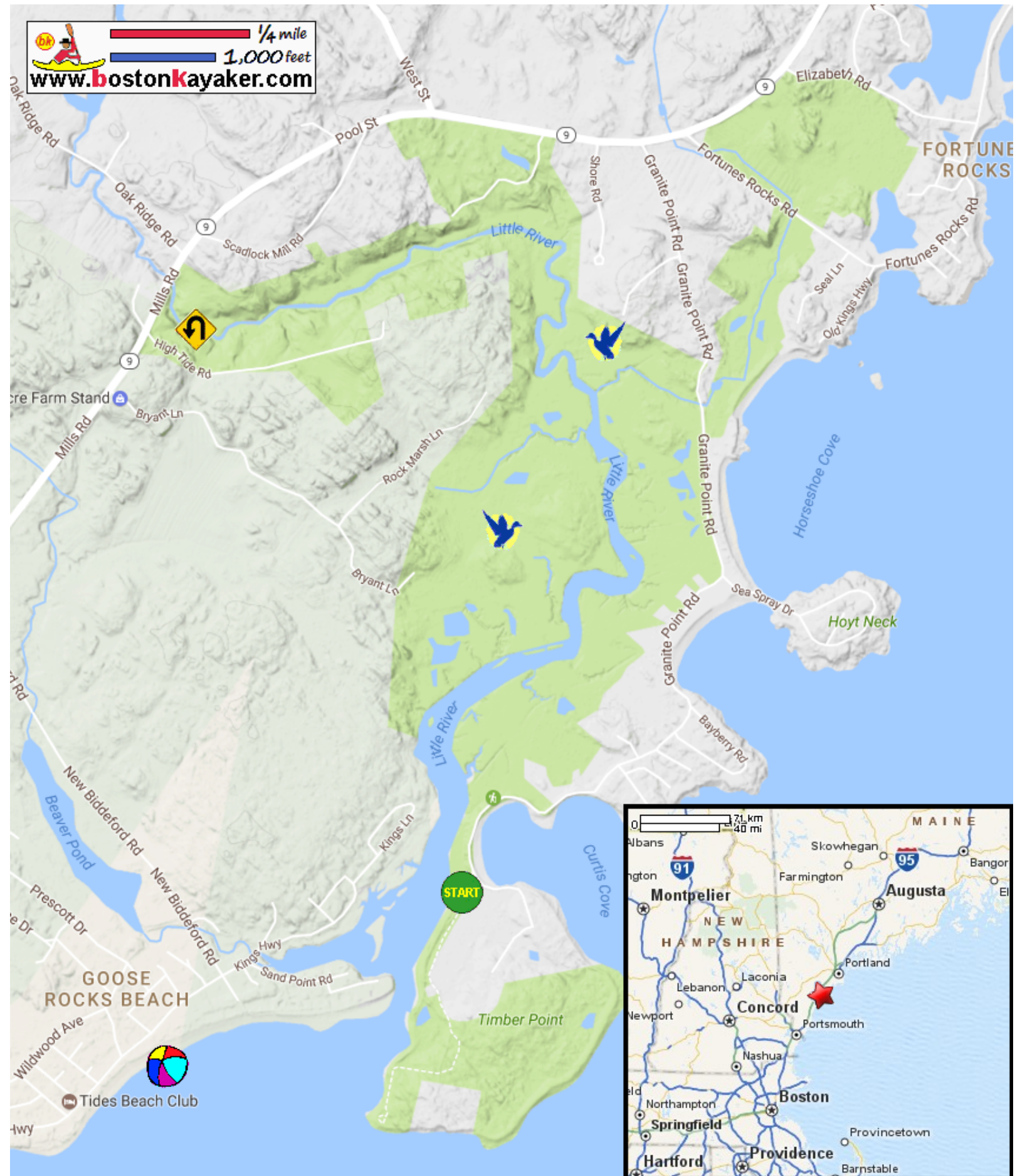








# Kayaking on Little River - in Biddeford ME


 1/4 mile  
 1,000 feet  
[www.bostonkayaker.com](http://www.bostonkayaker.com)



-  Put in at Granite Point Road in Biddeford ME.
-  Paddle upstream on Little River and return.
-  Estimated round trip distance = 4 miles
-  Goose Rocks Beach
-  Best to start paddle 1 hour+ before high tide.
-  Rachel Carson National Wildlife Refuge (NWR)