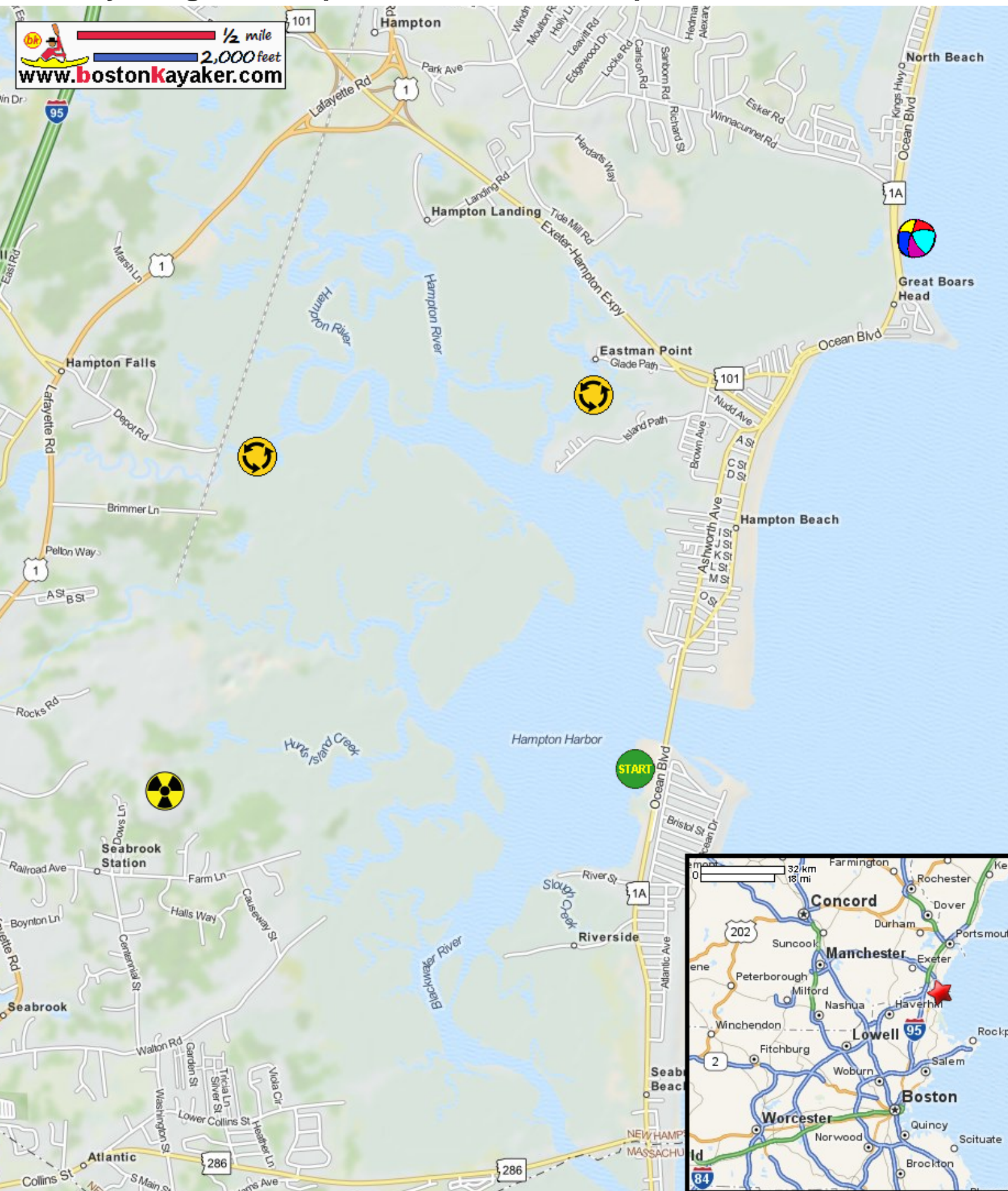








Kayaking on Hampton Harbor and Hampton River - in Hampton NH

  1/2 mile
 2,000 feet
www.bostonkayaker.com



-  Put in at Ocean Boulevard / Route 1A in Hampton NH
-  Paddle around Hampton Harbor and Hampton River estuary and return.
-  Estimated round trip distance = 4 to 6 miles
-  Seabrook Nuclear Power Plant
-  Best to start trip 1 to 2 hours before high tide.
-  Hamilton Beach State Park