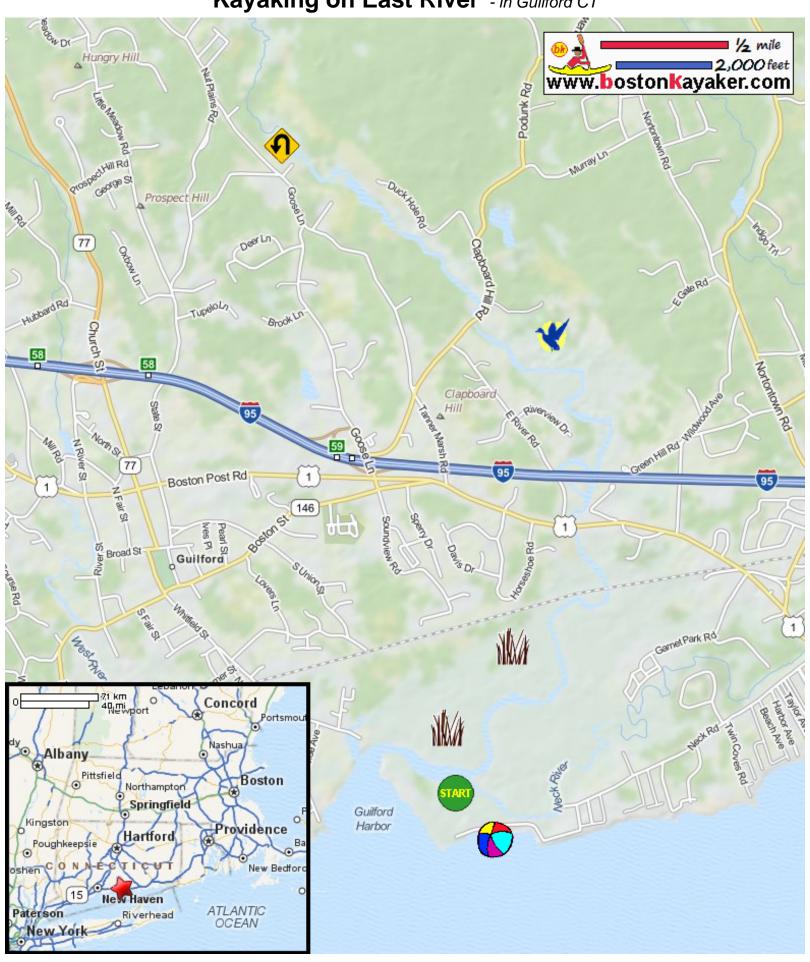
Kayaking on East River - in Guilford CT





Put in at state ramp on Neck Road in Guilford CT.



Paddle north upriver and return.



Estimated round trip distance = 10 to 12 miles



Beach

Best to start trip on a rising tide and return on a receding tide.

