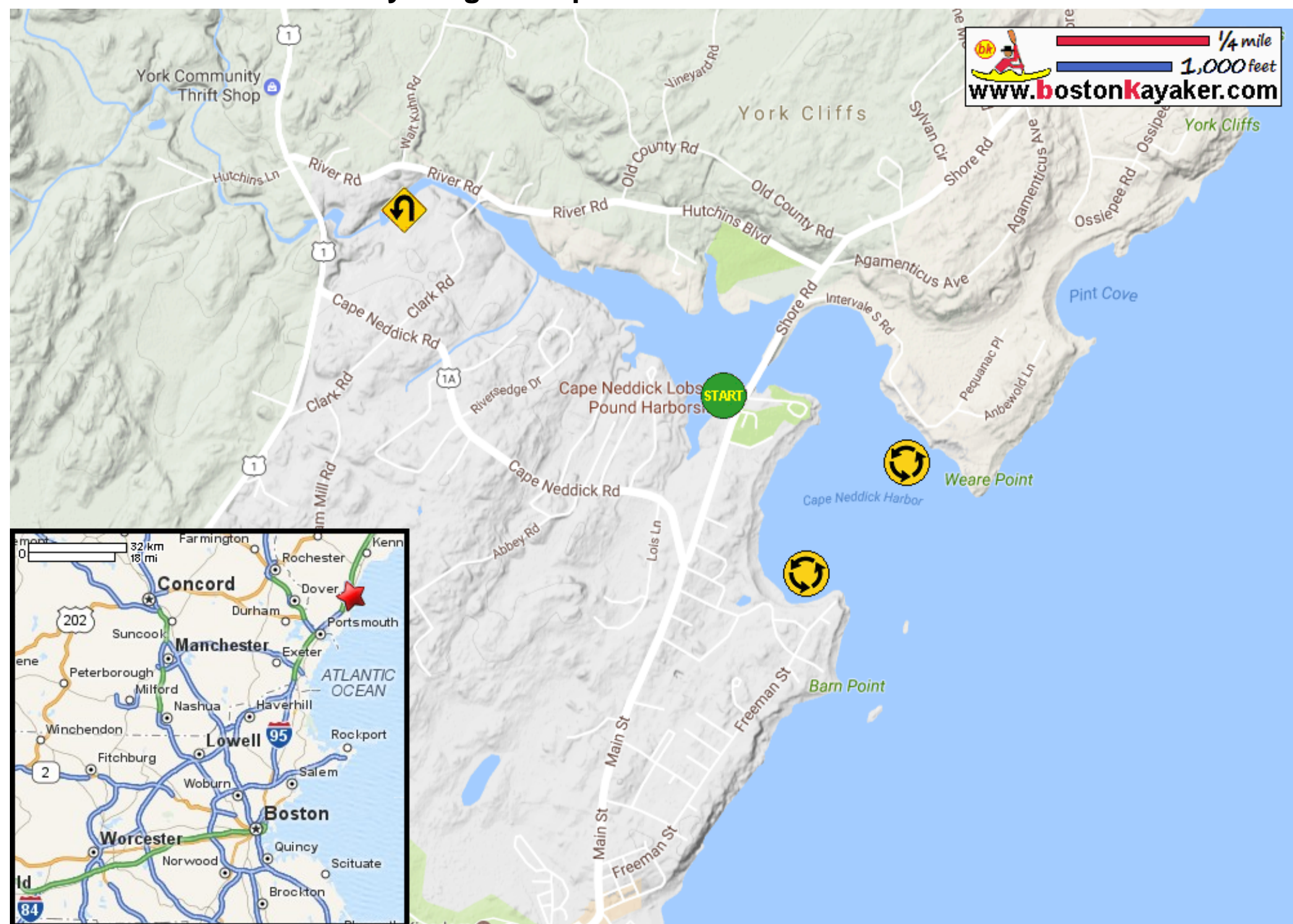


Kayaking on Cape Neddick Harbor - in York ME

1/4 mile
 1,000 feet
www.bostonkayaker.com



- Put in at Shore Road in York ME.
- Paddle west on Cape Neddick Inner Harbor and return.
- Paddle around Cape Neddick Outer Harbor and return.
- Estimated round trip distance = 2+ miles
- Best to start paddle 1 hour+ before high tide.