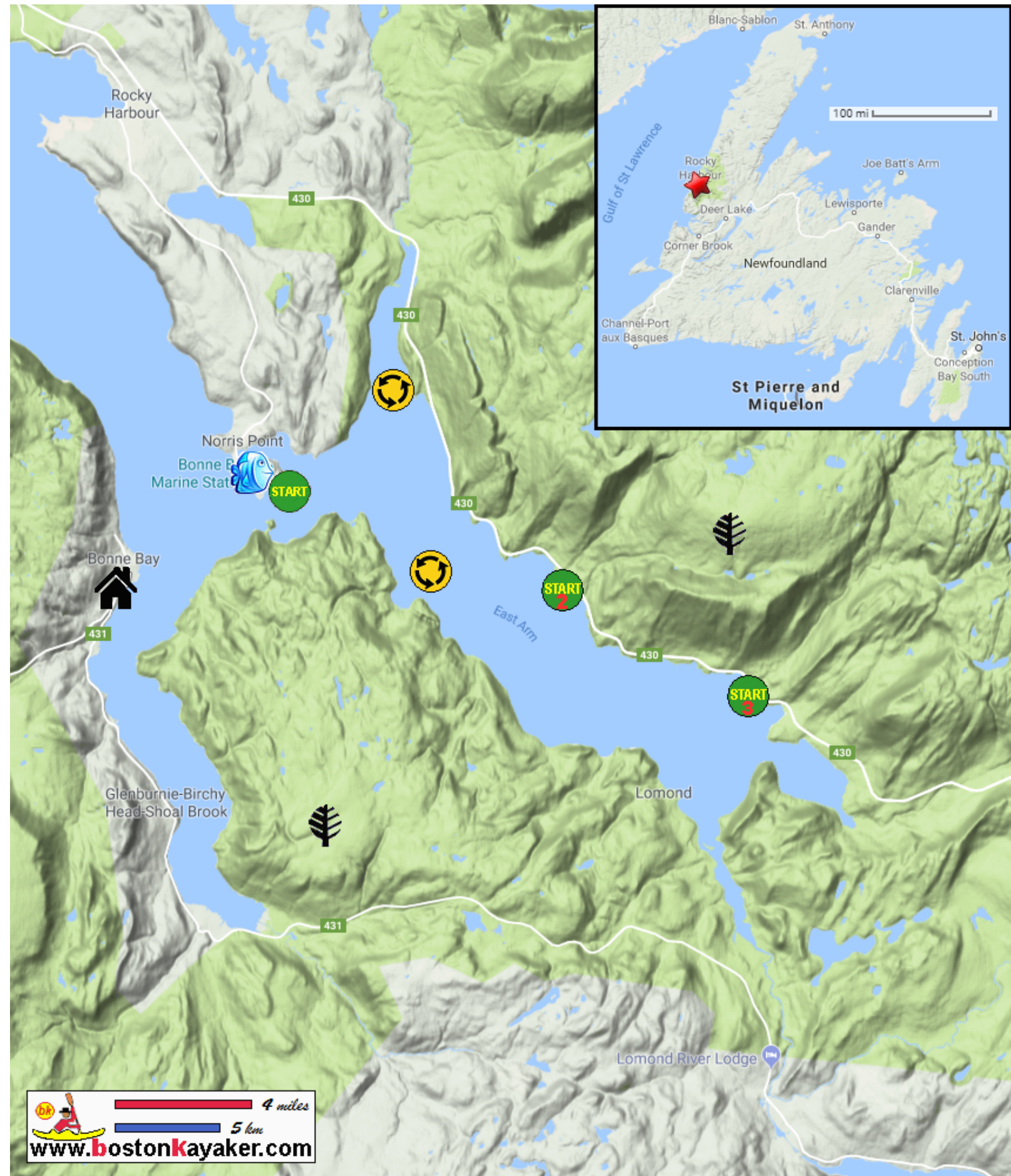










Kayaking on Bonne Bay East Arm - in Birchy Head NL Canada







www.bostonkayaker.com

-  Put in at Main Street waterfront in Norris Point NL.
-  Alternate put in at rec area on Route 430 in Birchy Head NL.
-  Put in at rest area on Route 430 in Rocky Cove NL for southern area.
-  Paddle around the northern Bonne Bay East Arm and return.
-  Estimated round trip distance = 6 to 8 miles
-  Bonne Bay Marine Station
-  Gros Morne National Park
-  Discovery Centre